



## COURSE OUTLINE: EST168 - ADV. SKIN PRACT. II

Prepared: Silvana Bassanello

Approved: Karen Hudson, Chair, Community Services and Interdisciplinary Studies

<b>Course Code: Title</b>	EST168: ADVANCED SKIN CARE PRACTICAL II
<b>Program Number: Name</b>	2017: ESTHETICIAN
<b>Department:</b>	ESTHETICIAN
<b>Academic Year:</b>	2023-2024
<b>Course Description:</b>	This course builds upon the knowledge and esthetic skills developed in EST118. Practical instruction focuses on advanced skin treatments including acne treatments, microdermabrasion, and chemical peels. Excellence in client care strategies is stressed.
<b>Total Credits:</b>	6
<b>Hours/Week:</b>	6
<b>Total Hours:</b>	84
<b>Prerequisites:</b>	EST118, EST119
<b>Corequisites:</b>	EST167
<b>This course is a pre-requisite for:</b>	EST208
<b>Vocational Learning Outcomes (VLO's) addressed in this course:</b>	<p><b>2017 - ESTHETICIAN</b></p> <p>VLO 1 Perform a variety of specialized body and skin care treatments following correct procedures and precautions and supporting client needs (including and not limited to facials, manicures, pedicures, hair removal, and make up applications).</p> <p>VLO 2 Use a range of specialized equipment and products, in compliance with established national, provincial, industry, and other related standards, regulations, policies, and procedures.</p> <p>VLO 3 Apply relevant knowledge of anatomy, physiology, and histology to the provision of specialized esthetic treatments and services.</p> <p>VLO 4 Adhere to health, safety, sanitation, and infection and prevention control guidelines, according to current legislation and national, provincial, municipal, and industry standards and regulations.</p> <p>VLO 6 Select and recommend the use of esthetic products and product ingredients to clients, taking into account health status and identified needs.</p> <p>VLO 8 Develop customer service strategies that meet and adapt to individual needs and expectations in accordance with professional standards and ethics.</p> <p>VLO 9 Determine professional development strategies that lead to the enhancement of work performance and career opportunities and keep pace with industry change.</p>
<b>Essential Employability Skills (EES) addressed in this course:</b>	<p>EES 1 Communicate clearly, concisely and correctly in the written, spoken, and visual form that fulfills the purpose and meets the needs of the audience.</p> <p>EES 2 Respond to written, spoken, or visual messages in a manner that ensures effective</p>

Please refer to program web page for a complete listing of program outcomes where applicable.



- communication.
- EES 5 Use a variety of thinking skills to anticipate and solve problems.
- EES 7 Analyze, evaluate, and apply relevant information from a variety of sources.
- EES 8 Show respect for the diverse opinions, values, belief systems, and contributions of others.
- EES 9 Interact with others in groups or teams that contribute to effective working relationships and the achievement of goals.
- EES 10 Manage the use of time and other resources to complete projects.
- EES 11 Take responsibility for ones own actions, decisions, and consequences.

**Course Evaluation:**

Passing Grade: 50%, D

A minimum program GPA of 2.0 or higher where program specific standards exist is required for graduation.

**Other Course Evaluation & Assessment Requirements:**

1. In order to successfully achieve credits for EST 168, a student must maintain an 80% participation record throughout the semester.
2. EST168 and EST167 are co-requisite courses

**Course Outcomes and Learning Objectives:**

<b>Course Outcome 1</b>	<b>Learning Objectives for Course Outcome 1</b>
Employ the safe and appropriate use of esthetic equipment including the microdermabrasion unit, the facial steamer, high frequency, galvanic procedures including iontophoresis and desincrustation.	1.1 Knowledge of the structure and composition of the skin. 1.2 Identify skin types, their characteristics, treatment concepts and contraindications. 1.3 Identify skin conditions, characteristics, treatment concepts and contraindications. 1.4 Modify skin treatments related to contraindications to esthetic procedures. 1.5 Discuss the benefits to applying specialized esthetic equipment. 1.6 Employ proper sanitation, disinfection and sterilization procedures for all electrotherapy equipment as outlined by Algoma Public Health. 1.7 Maintain and store all equipment and supplies according to manufacturer's guidelines and Algoma Public Health recommendations.
<b>Course Outcome 2</b>	<b>Learning Objectives for Course Outcome 2</b>
Perform a microdermabrasion treatment.	2.1 Knowledge of the structure and composition of the skin. 2.2 Conduct a health history, skin analysis, and facial record to determine service expectations, customized treatments, modifications and contraindications. 2.3 Analyze characteristics of aging, acneic and sensitive skin conditions, treatment concepts and contraindications to treatments. 2.4 Employ the safe and appropriate use of specialized esthetic equipment. 2.5 Assess the impact of general health, gender, nutrition and diet, stress and extrinsic factors which affect the skin and determine appropriate skin treatments.



	<p>2.6 Identify classifications, properties, effects and contraindications of a variety of ingredients found in the NatureMed Skincare products and promote features and benefits of these products when determining a course of actions matched to their needs, preferences and health history.</p> <p>2.7 Maintain a neat and sanitized workstation throughout the skin treatment disposing of items as required.</p> <p>2.8 Recommend a homecare regime suitable to the client's needs and the needs of the skin.</p> <p>2.9 Employ proper sanitation, disinfection and sterilization procedures as outlined by Algoma Public Health.</p> <p>2.10 Maintain and store all equipment, and supplies as outlined by the Algoma Public Health.</p>
<b>Course Outcome 3</b>	<b>Learning Objectives for Course Outcome 3</b>
Perform a chemical peel treatment incorporating Alphahydroxy and Betahydroxy acids.	<p>3.1 Differentiate between a mechanical and chemical exfoliation.</p> <p>3.2 Differentiate between exfoliation treatments and peels.</p> <p>3.3 Identify contraindications to chemical exfoliation treatments.</p> <p>3.4 Identify benefits of chemical exfoliation treatments for each skin type and particular skin conditions.</p> <p>3.5 Analyze the source of ingredients in Alphahydroxy Acid and the benefits and effects of those ingredients with various skin types and conditions.</p> <p>3.6 Analyze the source of ingredients in Beta Hydroxy Acids and the benefits and effects of those ingredients for oily, combination skin types and acneic skin conditions.</p>
<b>Course Outcome 4</b>	<b>Learning Objectives for Course Outcome 4</b>
Apply advanced mask procedures.	<p>5.1 Prepare and apply advanced masks such as clay, paraffin and thermal applications.</p> <p>5.2 Promote the features and benefits of advanced mask procedures.</p> <p>5.3 Explain the benefits and effects of ingredients and products for the needs of the skin.</p> <p>5.4 Utilize appropriate essential oils which benefit various skin types and/or conditions.</p> <p>5.5 Identify contraindications.</p>
<b>Course Outcome 5</b>	<b>Learning Objectives for Course Outcome 5</b>
Demonstrate the professional image and conduct necessary for success in the Esthetic industry.	<p>6.1 Punctual and consistent attendance.</p> <p>6.2 Comply with the Policies and Procedures regarding physical appearance and dress code.</p> <p>6.3 Adhere to policies outlined in the Student Code of Conduct.</p> <p>6.4 Demonstrate accountability for your own academic and professional growth.</p> <p>6.5 Demonstrate professional interpersonal, verbal and non verbal communication skills with faculty, peers and clients.</p> <p>6.6 Adhere to Ethics associated with the esthetic profession.</p> <p>6.7 Determine characteristics and benefits of excellent customer service.</p> <p>6.8 Employ problem solving strategies.</p>

	6.9 Determine current trends and issues impacting the esthetic industry.
<b>Course Outcome 6</b>	<b>Learning Objectives for Course Outcome 6</b>
Demonstrate, with proficiency, an acne treatment.	7.1 Prepare a work station. 7.2 Identify signs and symptoms of acneic skin conditions, causes and treatment options. 7.3 Select products to incorporate into each phase of the treatment. 7.4 Apply esthetic equipment effectively throughout the treatment including the steamer, brushing machine, galvanic desincrustation, direct hi frequency. 7.5 Perform and relaxing scalp massage. 7.6 Apply and advanced setting mask. 7.7 Determine future treatment protocol

**Evaluation Process and Grading System:**

<b>Evaluation Type</b>	<b>Evaluation Weight</b>
Acne Treatment Practical Test	25%
Chemical Peels Practical Test	25%
Esthetic Equipment Theory Test	25%
Microdermabrasion Theory Test	25%

**Date:** June 26, 2023

**Addendum:** Please refer to the course outline addendum on the Learning Management System for further information.